## **EuroGuiDerm**

Centre for Guideline Development

## **Treatment and treatment goals**

Terminology	Definition
Acute flare	Clinically significant worsening of signs and symptoms of AE requiring therapeutic intervention.
Acute intervention	Treatments that address acute flares and typically lead to treatment response within days (in contrast to 'maintenance treatment').
Short term	When used in the context of clinical trials this refers to treatment up to 16 weeks.
Reactive	Treatment initiations or adaptations in response to a visible change in disease severity, in particular disease flares (in contrast to 'proactive' treatment).
Long term	When used in the context of clinical trials this refers to treatment longer than 16 weeks.
Proactive	Intermittent (typically twice a week) application of anti-inflammatory therapy to previously affected skin, in addition to an ongoing emollient treatment of unaffected and affected skin (in contrast to 'reactive' treatment)
Maintenance treatment	Regular, usually daily application of topical or systemic therapy for several months (in contrast to 'acute intervention').

## Treatment goals

Treatment goal	Definition
Remission/Control	Satisfactory reduction of the signs and symptoms of AE whilst being on a safe long-term anti-inflammatory treatment.
Complete remission	Disappearance of the signs and symptoms of AE without use of anti- inflammatory treatment.